

Ham and Vegetable Bake

4 cups dry white rice
1 large onion, chopped
900g/1kg package of frozen vegetables
1 kg fully cooked ham, cubed (about 6 cups)
225 g cheddar cheese, shredded (about 2 cups)

2 (10 oz / 284 ml) cans cream of celery soup
2 (10 oz / 284 ml) cans cream of mushroom soup
2 soup cans 2% milk
1 tbsp Worcestershire sauce

Cook rice (yields about 8 – 10 cups total).

Chop onion.

Place cooked rice in a large, greased foil casserole.

In a large bowl, whisk together the soup, milk and Worcestershire sauce.

Add the remaining ingredients and mix well. No need to cook vegetables.

Pour ham and vegetable mixture on top of rice.

[If you're making this ahead, stop here and chill.]

Bake, covered, at 350°F for 1 hour [longer if it's been chilled]

Remember to bring it hot!