

Meat Loaf

4 kg lean meat (2 large family packs)
1 1/2 cups oatmeal
2 cups Italian tomato sauce
2 eggs
1 cup fine ground breadcrumbs
2 packages dried Lipton onion soup mix
1 tbsp. salt
4 tbsp. worcestershire sauce

Mix all ingredients together well. In a foil roaster form into large flat loaf. Bake in 350 oven for 1 hour.

Remember to bring it hot!