

a new space

While searching in our storage room for long johns, hats and mittens to give out this winter, it hits us that the drop-in, as we knew it, is part of Ark's rich heritage.

All these possessions that we so carefully tended over the years and packed away in a season of uncertainty are slowly finding new homes and being transferred into our new space in a community commons on Sebastian Street.

In partnership with another community outreach, Ark is pursuing a small business venture. We are focused on a moving company and are presently in need of a cargo van. This will allow us to hire individuals, while responding to community needs for moves, unexpected evictions, moving furniture, food & other belongings.

Ark's ongoing presence in the community comes with many unexpected encounters. These interruptions, while foundational, are both beautiful & heartbreaking, a blessing & a challenge. They are often what bring about transformation, healing and ongoing care for each other:

finding scholarship opportunities for a youth to go to university,

sharing a meal together in someone's home advocating with someone their right for safe housing and just communication, attending a meeting so an individual can receive adequate services,

and listening to how someone's day is.... We bear witness to one another's stories and offer companionship in the midst of life together. No four walls could ever hold what Ark was or is. Regardless of possessions and space, the essence of Ark has and will remain the same:

building a community of hope
family, children & friendships
being present together
facilitating health
finding housing

A PLACE TO CALL HOME

navigating the systems
supportive relationships
sharing hospitality and food
networking to create a mosaic of support
co-creating pathways to dreams, education &
possibilities

words from the community

"Journeying with those who invite support... Ark supports, encourages and mentors individuals and families in a way that honours the wisdom they carry, places them as experts in their own lives and builds skills and capacity in and through relationship."

- J.



www.cnoy.org

Coldest Night of the Year, our 9th annual fundraising walk that secures a significant part of Ark's financial need each year, took place on **February 22nd, 2020**. It was a great celebration filled with many new faces.

We highlight the youth and the teams they led and the substantial amounts of money they raised. We are grateful for the support of a strong community, including donors, volunteers and walkers.

It is in the security of your outpouring of support that we can continue the work of Ark in the community.

items we need

- **Food:** peanut butter, coffee, sugar, butter, pasta noodles, rice, pasta sauce, cans of soup and beans, tomatoes, ketchup, coffee, salad dressing, mayonnaise, granola bars, cereal
- **Personal care:** razors, deodorant, shampoo and conditioner, shaving cream, tampons/pads, vitamins (B's, C, multi), diapers (all sizes), pull-ups
- Adult clothing: new boxers/underwear, socks (both wool and cotton), dark coloured t-shirts, sweatshirts, hoodies, pants, rain gear, coats, toques, long-johns, undershirts
- Children's clothing: please contact us
- **Outdoor gear:** blankets, sleeping bags, tarps, backpacks, good quality footwear (running shoes, combat boots, hiking boots)
- Other necessities: bus tickets, gift cards (Tim Hortons, Subway, Sobeys, Walmart, Superstore), batteries
- Furniture: please contact us
- Kitchenware: please contact us

To find out where to bring your donations, please email or call us!

Sunday Suppers

In January 2019, after 30+ years of hosting meals in St. Andrew's Church building, Sunday Supper became an official ministry of St. Andrews.

For more information, you can contact Sunday Suppers at sundaysuppers85@gmail.com.

Our team

Ark's community is listening to each other to pursue the possibilities in what has changed and what is growing; we respect and hold the value of what each person brings.

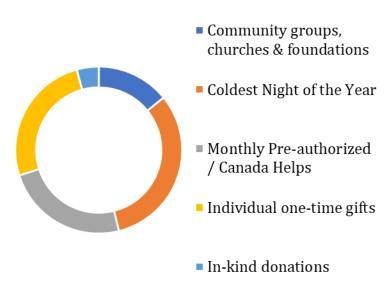
We welcome you to continue alongside us.

Many thanks for your sustaining support

We are grateful for the many ways you all support us – with food, finances, socks and shoes, your skills, your care and prayers. It all has and continues to make a difference.

- Bethany, Dorothy and Beth

where Ark's donations come from



Ark is funded solely by donations from individuals, churches, and community initiatives.

To make a tax deductible donation:

www.arkoutreach.com, 'Donate Now'
or www.canadahelps.org — ARK (Halifax);

E-transfer or cheque payable to Ark;

Pre-authorized monthly plan (of \$20 or more)



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